



Patient Counseling Consent for Sclerotherapy with Asclera

ABOUT THIS FORM

This form is designed to provide you with the information you need to make an informed decision about whether to have Sclerotherapy performed today. If you have any questions or do not understand any potential risks, please do not hesitate to ask us.

WHAT IS SCLEROTHERAPY?

Asclera® (polidocanol) Injection is a prescription FDA-Approved medicine that is used in a procedure called sclerotherapy to remove unwanted varicose and spider veins on your legs. It is administered by your healthcare provider.

Sclerotherapy (pronounced sklair-o-THAIR-uh-pee) is a medical procedure that has been used since the 1930's to treat varicose and spider veins. As the standard of care, it is Gold Standard therapy and is considered one of the most effective treatments for removing unwanted leg veins.

Today's procedure involves injecting Asclera directly into your vein(s), to seal, shut down and fade over several weeks. The treated vein is then naturally resorbed by the body.

DOES SCLEROTHERAPY WORK FOR EVERYONE?

Individual results may vary depending on varicose vein severity, disease progression, skin tone, and number of treatments.

Most people treated will have good results, however, there is no guarantee that Sclerotherapy will be effective in every case.

In clinical studies, 88% of patients were satisfied or very satisfied with their Asclera treatment at 12 weeks.

HOW MANY TREATMENTS WILL I NEED?

The number of treatments differs from patient to patient, depending on the extent of spider veins present. One to six or more treatments may be needed; the average is three to four.

You and your provider will discuss a treatment plan that addresses your needs.

WHAT ARE THE MOST COMMON SIDE EFFECTS?

- Bruising: Lasts from one to several weeks. Use of support hose may be recommended and avoidance of alcohol and anticoagulant medication for 72 hours prior to each treatment session may minimize effect.
- Transient Hyperpigmentation: Approximately 30% of patients who undergo Sclerotherapy notice a discoloration of light brown streaks after treatment. In almost every patient, the veins become darker immediately after the procedure (but then go away.) In rare instances, this darkening of the vein may persist for four to twelve months.
- Pain: A few patients may experience mild pain at the site off the injection. The veins may be tender to the touch after treatment. This pain is usually temporary, in most cases lasting from 1-7 days at most.
- Blood accumulation in treated vessel: This may present as a tender bump at a treatment site. The use of prescribed compression hosiery will minimize this possibility (*especially when treating Reticular Veins.*)

WHAT TO DO AFTER TREATMENT?

- Wear compression hose 15-20mmHg for 2-3 days continuously, and then for 2-3 weeks during the daytime
- Walk for 15-20 minutes daily
- For 2-3 days, avoid heavy exercise, sunbathing, long plane flights, hot tubs or sauna

Contraindications: Patients with significant coagulation, circulatory problems, insulin dependent diabetes or pregnant woman should not undergo today's procedure.

I acknowledge that I have read and understand this consent form. A copy has been provided by my healthcare provider.

I also acknowledge that I am not pregnant or am breast feeding and do not have any of the disease processes listed above.

Patient Name (please print)

DATE:

Patient Signature

DATE:

Provider Signature

DATE: